



WHY SMOOTHIE JUNCTION?

Want Your Smoothie Your Way?

Enjoy A Made To Order Smoothie To Your Exact Specifications

★ 100% All Natural Real Fruit & 100% Juice

No Sherbet

No Turbinado (Cane Sugar)

No pre-packaged fruit purees

★ Great Tasting High Protein Junction Smoothies

⊕ **5 g of fat or less and over 20 g of protein** ⊕

No "gritty" protein texture

NUTRITIONAL BOOSTERS

Add your choice of boosters to any smoothie on the menu \$.75

Protein

Creatine

Bran Fiber

Ginkgo Ginseng

Rolled Oats

Vitamin Immune Booster

Glutamine

Bee Pollen Boost

Caffeine Free Fatburner
(L-carnitine)

ENERGIZER & WORKOUT SHOTS

Supplement & Energy Shots \$1.75

N.O.-Xplode

Fast Twitch

Cell Mass

SuperPump

NO-Shotgun

Size On

Halo

Nitrix

PlasmaJet (\$2.50)

naNO Vapor

Gakic

Wheatgrass (\$2.00)

Espresso



PROTEIN & MEAL REPLACEMENT

Save time, call in your order!

11256 West Hillsborough Ave
Tampa, FL 33635
(813) 855-3828

5717 Gunn Hwy. | Suite 6
Tampa, Florida 33625
(813) 963-1011

23104 State Rd. 54 | Suite 103
Lutz, Florida 33549
(813) 949-9050

2551 Drew St. | Suite 209
Clearwater, Florida 33765
(727) 799-1915

35136 Alderman Plaza
Palm Harbor, FL 34683
(727) 724-4102

★ High Protein

★ Low Fat

★ Low Glycemic Carbohydrates

★ Vitamins, Minerals & Natural Fat Burners

JUNCTION SMOOTHIES

Reg. \$3.99 Lg. \$4.89 XL \$5.69 XXL \$5.99

Peanut Butter Perfection
Chocolate or Banana

Chocolate Peanut Butter Cup*

Mochabeau*
(Gourmet Espresso)

Caramel Vanilla*

Hawaiian Pie

Peanut Butter Banana*

Banana Berry

Strawberry Cheesecake

Fluffernutter*

Peanut Butter Graham*

Cinnamon Graham*

Smores*

⊕ *5 g of fat or less and over 20 g of protein ⊕

ULTRA LOW CARB OPTIONS

⊕ ★ As low as 6 g of carbs ⊕

Strawberry Cheesecake

Chocolate Peanut Butter Cup

Mochabeau



REAL FRUIT SMOOTHIES

100% All Natural Real Fruit & 100% Juice

FRUIT SMOOTHIES

Reg. \$3.99 Lg. \$4.89 XL \$5.69 XXL \$5.99

Mango	Citrus Green Tea
Strawberry Banana	Mango Green Tea
Strawberry Mango	Red Bull Citrus Blast (XL only)
Berry Medley	Citrus Blast
Strawberry Kiwi	Tropical Escape
Blueberry	Caramel Apple

 Light options made with Splenda® with less than 140 calories 

WEIGHT GAINER / MASS MAKERS

 Over 1000 calories and over 70 g of protein 

Caramel Vanilla	Smoers
Strawberry Cheesecake	Mochabean
Chocolate Peanut Butter	Banana Berry



GRILL PRESSED WRAPS & BOWLS

Make any of our **Gourmet** grill pressed wraps a **LOW FAT/LOW CARB** bowl instead

All Wraps & Bowls \$5.99

Junction Protein Oatmeal Over 20 g of Protein \$2.99
Cinnamon, Banana Nut, Chocolate Fudge, Vanilla Cream

BREAKFAST WRAPS

★ Junction eggs have only 1.5 g of fat and 50 mg cholesterol

Canadian Bacon & Egg Wrap

Southwest Breakfast Wrap

(Chicken, Steak or Canadian Bacon)

Steak & Egg Wrap

THAI

SANTE FE

Thai Steak Wrap

Santa Fe Steak Wrap

Thai Chicken Wrap

Santa Fe Chicken Wrap

Thai Veggie Wrap

Santa Fe Veggie Wrap

MEDITERRANEAN

SJ WRAPS

Med. Steak Wrap

SJ Steak Wrap

Med. Chicken Wrap

SJ Turkey Wrap

Med. Veggie Wrap

JUNCTION FRIES

★ Fat Free Junction Fries or Low Fat Junction Fries \$1.79

Low Fat Junction Fries are less than 5 g and prepared with a touch of Olive Oil